FIA FORMULA 1 WORLD CHAMPIONSHIP

2026 BRITISH GRAND PRIX

03 - 05 July 2026

From	The FIA Formula 1 Race Director	**Document**	7
To	All Teams, All Officials	**Date**	02 July 2026
		Time	19:00

Title Power Unit Information

Description Power Unit Information

Enclosed R09_Great_Britain_Power_Unit_Information_V02.pdf

Rui Marques

The FIA Formula 1 Race Director

FEDERATION INTERNATIONALE DE L'AUTOMOBILE

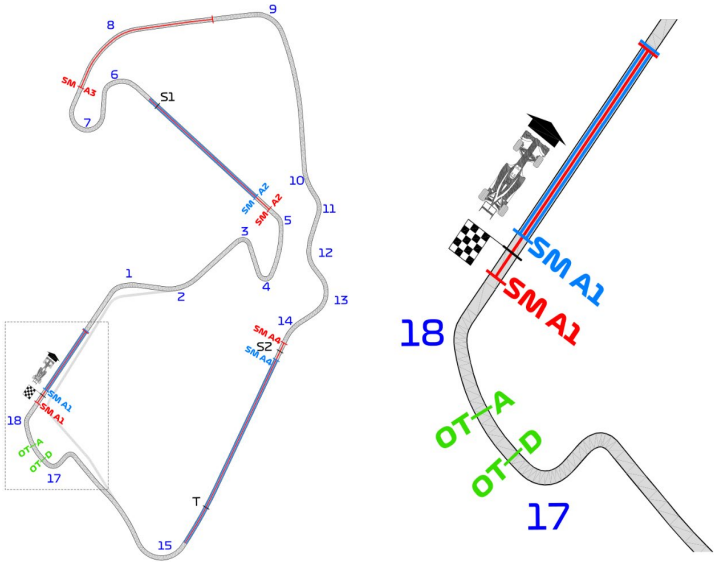
F1 POWER UNIT INFORMATION TO THE TEAMS AND PUMs

FIA Formula 1 World Championship™

2026 BRITISH GRAND PRIX

COMPETITION INFORMATION

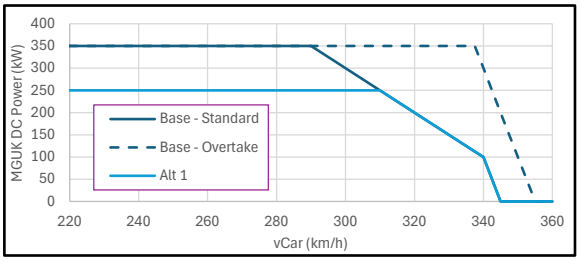
ROUND No.	R09
VENUE	Silverstone
CENTRELINE	5.891 km
FORMAT	Alternative
DATE	03-05 July



POWER AND ENERGY LIMITS

Article C5.2.10 Maximum Recharge per lap					Article C5.12.8 Maximum PU Power Reduction Rate	
Sprint & Race		Sprint Qualifying & Qualifying	Free Practice sessions	Out laps other than in Sprint and Race	Power Limited Distance	Rate Limit
Overtake not active	Overtake active					
8.0 MJ	**8.5 MJ**	**6.5 MJ**	**8.5 MJ**	**8.5 MJ**	**3833 m**	**50 kW/s**

Article C5.2.8 Maximum DC power of ERS-K function of car speed			
Sprint & Race			Any Practice Session incl. Qualifying Sessions
Main Overtaking Zones		Other parts of the Lap	
Overtake not active	Overtake active		
Base - Standard	**Base - Overtake**	**Alt 1**	**Base - Overtake**



IDENTIFICATION OF SECTORS WHERE EXCEPTIONS APPLY

Article C5.2.8iii Sectors where the alternative power curve defined above applies in Sprint & Race		Article C5.12.4 Sectors where the PU power reduction at the start of a Power Limited Pending period can be greater than 150kW *(sectors indicated by [ ] are for SQ and Q only)*			Article C5.12.5 Sectors where a reset of MGUK power reduction is permitted *(sectors indicated by [ ] are for SQ and Q only)*	
Identification of Sectors	Lap distance window [m]	Identification of Sectors	Lap distance window [m]	Maximum PU power reduction permitted	Identification of Sectors	Lap distance window [m]
T1-T4 T15-T16	**350-1000 4950-5450**	**T1-T4 T6-T7 T15-T16 [Exit T17]**	**350-1000 1950-2100 4950-5200 [5550-5750]**	**350kW 350kW 350kW [350kW]**	**Exit T1 Exit T9 [Exit T17-T18]**	**400-550 3000-3300 [5650-5900]**

Article C5.12.7 Sectors with a higher speed threshold		
Identification of Sectors	Lap distance window [m]	Speed threshold
T11-T14 T18	**3700-4150 5600-5800**	**300km/h 230km/h**

OVERTAKE

Article B7.2		
Detection Gap	Detection Line [sLap & Loop] (Art. B7.2.1b.viii)	Activation Line [sLap & Loop] (Art. B7.2.1b.ix)
1.0 s	**5560 m (TBC) L25**	**5631 m L26**