



To	:	All ASNs		
From	:	FIA Safety Department	Ref.	: FIASDH-25-011
Date	:	19 December 2025	Pages	: 1
Subject	:	Update of Appendix L		

We wish to inform you that, following the World Motor Sport Council meeting held on 10 December 2025, Appendix L of the International Sporting Code (ISC) has been updated.

The updated 2025 version and the newly published 2026 version of Appendix L are now available on the FIA website and can be downloaded [HERE](#).

Updates Effective 1 January 2026:

Chapter II – Regulation for the Medical Examination of Drivers:

Article 1.2 Cardiovascular aptitude examination, Page 34.

Chapter III – Drivers' Equipment:

Article 1.3 Helmets/ Conditions of use, Page 48.

Article 2 Flame-resistant clothing, Page 50.

Supplement 1, Page 62.

To see details on what exactly has been modified, please check the latest version of the 2025 Appendix L, where all the modifications for 2026 are listed. You will be able to see what has been removed and what has been added.

We remain at your disposal for any further information you may require.

The Safety Department