



To :	ASNs	Ref. :	FIASDH-22-014
From :	FIA Safety Department		
Date :	29 September 2022	Pages :	1
Subject :	Update of Appendix L		

We would like to inform you that following the World Motor Sport Council meeting of 29 June 2022, Appendix L to the International Sporting Code (ISC) has been updated. The latest version has been published on the FIA website, and can be downloaded [HERE](#).

You will find all the updates below:

➤ **With immediate effect:**

1. **Article 1.1 "Helmets" of Chapter III "Drivers' Equipment"** – clarify that drivers listed as Priority 2 drivers and respective co-drivers competing with a World Rally Car complying with the 2021 Appendix J, Art. 255A, must wear a helmet complying with FIA Standard 8860-2018 or 8860-2018-ABP.
2. **Article 2 "Flame-resistant clothing" of Chapter III "Drivers' Equipment"** – the FIA has extended the scope of FIA Standard 8856-2018 "Protective Clothing for Automobile Drivers" to allow the homologation of personal underwear. In parallel, Appendix L has been updated to allow drivers to wear FIA-approved personal underwear.

➤ **Implementation from 1/1/2023:**

3. **Articles 7.4 and 9.4 "Driver Training" of Chapter I "FIA International Drivers' Licences"** – introduction of a recommendation that drivers applying for an ITD-R or ITC-R licence have completed a first aid course within the previous three years. The aim of this new requirement is to standardise the initial response of competitors who arrive first on the scene at road event accidents. The first aid training may improve accident outcomes in remote locations where accident response time is delayed.
4. **Article 1.2 "Cardiovascular aptitude examination" of Chapter II "Regulations for the Medical Examination of Drivers"** – update the requirements for ECG and Exercise Tolerance Test exam and cardiologist consultation. The regulations have been updated to be consistent with international best practice.
5. **Article 1.1 "Helmets" of Chapter III "Drivers' Equipment"** – request for drivers eligible to score Championship points in the FIA ETCR eTouring Car World Cup to wear a helmet in accordance with FIA standard 8860-2018 or 8860-2018-ABP.
6. **Article 2 "Flame-resistant clothing" of Chapter III "Drivers' Equipment"** – FIA Standard 8856-2018 "Protective Clothing for Automobile Drivers" has been updated with new safety performance requirements for the gloves to deliver higher Heat Transmission Protection. Drivers participating in the 2023 Formula One Championship will have to wear gloves approved in accordance with these new safety requirements.

We remain at your full disposal for any further information you may require.

With best regards,

FIA Safety Department