



ANTI-DOPING KEY FACTS



THE BASICS FOR DRIVERS
AND CO-DRIVERS

WWW.FIA.COM/RACETRUE

WHAT IS DOPING?

- **Presence of a Prohibited Substance** in a Driver's sample
- **Use, or attempted use,** of a Prohibited Substance or a Prohibited Method
- **Evading, refusing or failing to submit** to sample collection
- **Whereabouts failures**
- **Tampering, or attempted tampering,** with a Doping Control*
- **Possession** of a Prohibited Substance or a Prohibited Method*
- **Trafficking, or attempted trafficking***
- **Administration, or attempted administration,** to any Driver in-competition of any Prohibited Substance or Prohibited Method*
- **Complicity** - assisting, encouraging, aiding, abetting, conspiracy to, or covering up acts constituting an anti-doping rule violation*
- **Prohibited association** - association of a Driver with any Driver Support Personnel having violated anti-doping rules (for example a person who is serving a period of ineligibility)*

* **Support Personnel:** this includes any coach, trainer, manager, agent, team staff, official, medical or paramedical personnel, parent or any other person working with, treating or assisting a Driver. Support Personnel are also liable for violations such as tampering, possession, trafficking, administration, complicity and prohibited association.



CONSEQUENCES OF AN ANTI-DOPING RULE VIOLATION

- 1** Loss of points and prizes at the competition in which you tested positive (both individual and possibly team results);
- 2** A period of ineligibility from Motor Sport, and all other sports, for up to four (4) years, or even a lifetime in some cases; this includes training and other participation;
- 3** A financial sanction, such as a fine and/or an order to pay associated costs.

FIA RACE TRUE E-LEARNING CAMPUS

The FIA provides an online course covering all aspects of anti-doping that are important for Drivers to understand. The campus hosts this course and is freely available to everyone.

A simple registration is required to access the campus: <https://racetrue.fia.com>

For your convenience, the campus is available in several languages.

AVOIDING AN ANTI-DOPING RULE VIOLATION

- **CONSULT THE CURRENT WADA PROHIBITED LIST** and show this to your doctor, pharmacist or other reliable specialist whenever you require medical treatment, or need to take/use a substance about which you are unsure. Explain that you are a Driver and that you should not use any substance or method on the WADA Prohibited List:
<http://list.wada-ama.org>

For the purpose of harmonisation across sports, the FIA Anti-Doping Regulations refer to Drivers / Co-Drivers / Navigators as 'Drivers'.

- **CONSULT YOUR NATIONAL ANTI-DOPING ORGANISATION** (NADO – the government-funded organisation responsible for anti-doping in your country) if you are still unsure whether something is on the WADA Prohibited List.
FIND YOUR NADO:
www.wada-ama.org/en/code-signatories
- **REQUEST A THERAPEUTIC USE EXEMPTION (TUE)** when there is no medical alternative and you need to use a medicine/substance listed on the WADA Prohibited List. For emergency treatment and exceptional cases it is possible to request a Retroactive TUE.

For Drivers participating in international competitions, TUE Applications must be submitted to the FIA for review and approval by the FIA TUE Committee.

TUE INFORMATION: www.fia.com/tue
TUE CONTACT: tue@fia.com

For Drivers participating in national competitions, TUE Applications should be submitted through your NADO.



VIEW THE WADA
PROHIBITED LIST

DOPING IS CHEATING: CHEATING YOURSELF, OTHER DRIVERS, YOUR TEAM, THE ORGANISERS, THE SPONSORS AND YOUR FANS.

ANTI-DOPING WARNINGS

- **It is your personal duty** to ensure that no Prohibited Substance enters your body.
- **You are responsible** for any Prohibited Substance detected in your doping control sample – regardless of whether or not you knowingly ingested, or otherwise used, this Prohibited Substance.
- If you need to use a substance or method that is normally prohibited, be sure to complete and send a **Therapeutic Use Exemption request** to the FIA or NADO.
- **A lack of intention** to dope or use a substance or method listed on the WADA Prohibited List is not a valid defence in the case of a positive doping test.
- **The content of a specific drug preparation may vary between countries**, so try to take any medications that you may need with you when travelling abroad.

- **Nutritional supplements (pills, gels, etc.) carry several risks** – for example, they may not fully list the ingredients contained or may be contaminated.
- **Even medications that appear harmless**, such as eye drops, nose sprays or throat lozenges **may contain Prohibited Substances**.
- Elimination times can vary – **substances may be detected for a long time** after you have taken them.
- **Intravenous infusions and injections are Prohibited Methods** if they exceed 100ml per 12 hour period – unless legitimately received in the course of hospital treatments, surgical procedures or clinical diagnostic investigations.

CONSULT

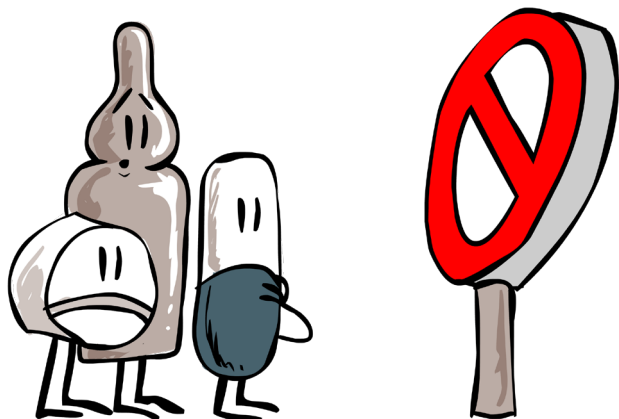
THE PROHIBITED LIST

SEEK

ADVICE

REQUEST

A THERAPEUTIC USE EXEMPTION (TUE), WHEN NECESSARY



CONTACT THE FIA RACE TRUE TEAM: RACETRUE@FIA.COM

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