# APPENDIX C

# FIA ANTI-ALCOHOL REGULATIONS

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# Preamble

The FIA is dedicated to improving the safety in motor sport, notably by prohibiting substances that affect human behaviour and judgment and may impair driving ability, such as alcohol. The FIA has implemented the following alcohol regulations (hereafter the "Regulations") in order to detail the testing process and the sanctions in case of a positive test.

# Article 1 – Scope

1.1 The Regulations apply to all International Competitions registered on the FIA International Sporting Calendar.

1.2 The presence of alcohol in a Driver's body during an International Competition is prohibited.

1.3 Drivers taking part in an International Competition are bound to the Regulations, shall comply with the Regulations and can be subject to Testing during the International Competition.

1.4 Pursuant to Article 11.9.3.r of the Code, the FIA and/or the Stewards on site may request that a Test be carried out during a Competition and select the Drivers to be tested. The selection (randomly and/or targeted) and the number of Drivers to be tested shall be at the discretion of the FIA and/or the Stewards

1.5 Testing can occur during the following period:

- three hours before the Driving Activity;
- up until thirty minutes after the end of the Driving Activity.

If a Driver targeted for Testing is participating in a podium ceremony, the Breath Alcohol Technician will proceed with the test before that ceremony, except in circumstances where the Stewards consider that the Testing would be impossible to be organised before that ceremony.

# Article 2 – Testing process

#### 2.1 Notification

2.1.1 The Breath Alcohol Technician shall identify himself to the Driver(s) selected for Testing by showing the appropriate credentials provided by the FIA.

2.1.2 Once a Driver is notified that he has been selected for Testing, he shall immediately go to the designated location for the Screening Test. The Driver is not allowed to eat, drink or masticate anything (e.g. chewing gum) before the end of the Testing process.

2.1.3 Any refusal from a Driver to submit himself to Testing shall be considered a breach of the Regulations and the Breath Alcohol Technician shall immediately refer the matter to the Stewards.

#### 2.2 Screening Test

2.2.1 The Driver shall select a sealed mouthpiece among the selection of mouthpieces that is offered by the Breath Alcohol Technician and insert it into the Breathalyser.

2.2.2 The Breath Alcohol Technician shall then instruct the Driver to blow steadily and forcefully into the mouthpiece until an adequate amount of breath has been obtained. Any deliberate failure to follow the instructions given by the Breath Alcohol Technician shall be considered a breach of the Regulations and the Breath Alcohol Technician shall immediately refer the matter to the Stewards.

2.2.3 The Breath Alcohol Technician shall show the Driver the test result displayed.

2.2.4 If the Screening Test shows a Negative Reading, the Breath Alcohol Technician shall inform the Driver that the test is over.

2.2.5 If the Screening Test shows a Positive Reading, the Breath Alcohol Technician shall print the Positive Result and record it on the Testing Form, and inform the Driver that a Confirmation Test shall be carried out. The Driver shall sign the Testing Form and is allowed to provide any comments in writing that he may wish to make in connection with the test. The refusal of a Driver to sign the Testing Form will be mentioned on the Testing Form by the Breath Alcohol Technician, but will not invalidate the test.

#### 2.3 Confirmation Test

2.3.1 The Confirmation Test shall be performed no sooner than 15 minutes after the Screening Test. During this waiting period, the Driver is not allowed to eat, drink or put anything (e.g. chewing gum) into his mouth and must be under the supervision of a Chaperone or of the Breath Alcohol Technician.

2.3.2 The Confirmation Test shall take place at the Control Station with a different Breathalyser than the one used for the Screening Test.

2.3.3 The Driver shall select a sealed mouthpiece among the selection of mouthpieces that is offered by the Breath Alcohol Technician and insert it into the Breathalyser.

2.3.4 The Breath Alcohol Technician shall then instruct the Driver to blow steadily and forcefully into the mouthpiece until an adequate amount of breath has been obtained. Any deliberate failure to follow the instructions given by the Breath Alcohol Technician shall be considered a breach of the Regulations and the Breath Alcohol Technician shall immediately refer the matter to the Stewards.

2.3.5 The Breath Alcohol Technician shall show the Driver the test result displayed, print it and record it on the Testing Form.

2.3.6 The Driver shall sign the Testing Form and is allowed to provide any comments in writing that he may wish to make in connection with the test. The refusal of a Driver to sign the Testing Form will be mentioned on the Testing Form by the Breath Alcohol Technician, but will not invalidate the test.

2.3.7 If the Confirmation Test shows a Negative Reading, the Breath Alcohol Technician shall inform the Driver that the test is over.

2.3.8 If the Confirmation Test shows a Positive Reading, the Breath Alcohol Technician shall immediately refer the matter to the Stewards.

2.3.9 The Testing Form must be emailed to the FIA: <u>testing@fia.com</u>.

# 2.4 Endogenous ethanol production

Drivers with health disorders involving endogenous ethanol production shall ensure that they follow an appropriate diet/treatment ahead and during the Competition in order to ensure a Negative Reading in case of Testing. In case this result cannot be reached, a waiver shall be asked to the FIA (testing@fia.com) at least 30 days before the next Competition the Driver plans to participate in. The request shall include a full medical dossier which will be submitted to the Medical Commission.

# Article 3 - Consequences of a breach of the Regulations by a Driver

# 3.1 Automatic Disqualification

A violation of the Regulations (Confirmation Test showing a Positive Reading, refusal to submit to Testing, deliberate failure to follow the instructions of the Breath Alcohol Technician), leads to the automatic and immediate Disqualification of the Driver (as defined under Article 21 of the Code).

#### 3.2 Sanctions for Drivers

3.2.1 Additionally to the automatic Disqualification of the Driver from the Competition, the Stewards shall apply the following sanctions:

		1 <sup>st</sup> breach	2 <sup>nd</sup> breach	3 <sup>rd</sup> breach	4 <sup>th</sup> breach
Result of the Confirmation Test	Under 0.10 mg/L	No suspension	Suspension of two months	Suspension of three months	Suspension of four years
	0.10 mg/L to 0.25 mg/L	Suspension of one month	Suspension of two months Fine of €1,000	Suspension of six months Fine of €5,000	
	0.25 mg/L to 0.40 mg/L	Suspension of two months Fine of €1,000	Suspension of four months Fine of €2,000	Suspension of one year Fine of €10,000	
	Above 0.40 mg/L				
Refusal to submit to Testing		Suspension of	Suspension of	Suspension of	
Deliberate failure to follow the instructions of the Breath Alcohol Technician		three months Fine of €2,000	six months Fine of €3,000	two years Fine of €15,000	

3.2.2 The sanctions for the second, third and fourth breaches must be imposed regardless of the sanction(s) imposed for the previous breach(es).

3.2.3 For the purposes of imposing sanctions under Article 3.2, a breach will only be considered as a first (or second or third) violation of the Regulations if the Driver committed that breach during a three-year period preceding any new Positive Reading of the Confirmation Test.

3.3 Decisions made under the Regulations:

- shall become immediately binding notwithstanding an appeal, pursuant to Article 12.2.3 of the Code,
- may be appealed in accordance with Article 15.1 of the Code.

# Article 4 – Definitions

Alcohol Concentration: the alcohol in a volume of breath, expressed in milligrams per litre (mg/L).

**Breath Alcohol Technician**: the trained official that has been authorised by the FIA to conduct Testing. It can be the Chief Medical Officer of the Competition or any person to whom the Chief Medical Officer has delegated this duty, under his responsibility and supervision.

**Breathalyser**: a device provided, maintained and calibrated by the FIA that has the ability to provide a quantitative measurement of alcohol concentration by means of a breath sample.

**Chaperone**: any person who is trained and authorised by the FIA to carry out certain duties during the Testing, such as the accompanying and observing of the Driver between the Screening Test and the Confirmation Test, etc.

**Code:** the FIA International Sporting Code

**Confirmation Test**: a second test using a Breathalyser, performed following a positive Screening Test.

Competition: as defined under Article 21 of the Code.

**Control Station**: the secured location where the Confirmation Test is carried out, with restricted access and guaranteed confidentiality.

Driver: any driver, co-driver or navigator participating in the Competition.

Driving Activity: the period of time when a Driver may drive his automobile during a Competition.

Negative Reading: a reading that is equal to 0.0 mg/L.

Positive Reading: a reading that is above 0.0 mg/L.

**Screening Test:** an initial test using a Breathalyser that provides quantitative data about the Alcohol Concentration.

**Testing**: the process that is carried out using a Breathalyser to obtain a quantitative measurement of Alcohol Concentration.

**Testing Form**: form provided by the FIA to be supplemented by the Breath Alcohol Technician and to be used in case the Screening Test shows a Positive Reading. In particular, it indicates the time and place of the test, the name of the Driver, the results of the Screening and Confirmation Tests (including the printed results), the signatures of the Driver, the Breath Alcohol Technician and possibly the Chaperone, and any comments from any of them.