



**A/To: All ASNs, FIA Technical Department, FIA Sporting Departments**

**De/From: Nuria ENCINAS**  
Safety Department

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**Page(s):** 1

**Helmets' Tear-off, Update of Art.1.2 "Helmets – Conditions of use" of APPENDIX L CHAPTER III "Drivers' Equipment"**

Dear Sir or Madam,

We would like to inform you that the FIA has modified the conditions of use of helmet tear-offs.

Considering the difficulty of keeping the tear-off in the cockpit and the potential safety issue due to the drivers getting distracted during the operation at high speed, the previous regulation has been modified to allow the drivers to throw the tear-off away only if it is necessary to do so. The number of tear-offs used during a Grand Prix should be limited to what is strictly necessary

The modified text can be found in Chapter III "Drivers' equipment", Article 1.2 "Helmets –Conditions of Use", of Appendix L to the International Sporting Code, which states:

**Article 1.2 "Helmets – Conditions of use"**

(...)

Any tear-offs attached to visors may not be thrown *unnecessarily* onto the track or the pit lane.

We remain at your disposal for any further information you may require.

Yours faithfully,

Nuria Encinas

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